## Output factsheet: Trainings

<table>
<thead>
<tr>
<th>Project index number and acronym</th>
<th>CE25 MOVECIT</th>
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</thead>
<tbody>
<tr>
<td>Lead partner</td>
<td>Development agency Sinergija</td>
</tr>
<tr>
<td>Output number and title</td>
<td>O.T3.3 - Train the trainer workshop</td>
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<td>Responsible partner (PP name and number)</td>
<td>PP3 - Climate Alliance Austria</td>
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<td>Project website</td>
<td><a href="http://www.interreg-central.eu/movecit">www.interreg-central.eu/movecit</a></td>
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<td>Delivery date</td>
<td>March 2017</td>
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### Summary description of the implemented training measure(s), explaining the specific goal(s) and target groups

The train the trainer event was held in March 2017 in Baden. It was one-day event with the aim to train project partners for independent workplace mobility plan development. Train the trainer workshop was in style of training and was split into two parts. First part was dedicated to theoretical background, the second part addressed practical issues such as implementation of the measures and exchange of the best practices. The project partners have within the training process gained new knowledge, that will enable to develop the workplace mobility plans in their respective institutions. They learned main steps for the creation of the strategic document, experienced some exercise for engaging the employees in sustainable commuting, provided their aspects in different phases of the workplace mobility plan development, a few best practice examples were introduced and implemented measures were presented. Training served as an exchange session on the same topic from all cities gathered. Active participation of the attendees brought some specific approaches that are used by partners in different environments at different conditions.

Partners as target group obtained theoretical and practical information and backgrounds for individual work with the institutions, got the insight of the development and all achieved the same level of the knowledge and expertise /competences on how to deal with the tool and step further with the workplace mobility plan.

### NUTS region(s) where training(s) have been conducted (relevant NUTS level)
The training was held in Baden (NUTS 0: Austria; NUTS 2: AT12, Niederösterreich; NUTS3: AT127, Wiener Umland/Südteil). It was the common training for all project partners coming from various NUTS 3 regions (Pomurska, Jihomoravský kraj, Wien, Budapest, Banskobystrický kraj, Modena, Ústecký kraj, Leipzig, Kreisfreie Stadt).

**Expected impact and benefits of the trainings for the concerned territories and target groups**

Expected impact for the concerned territories are innovative ideas on mobility planning, the possibilities to act as a role model and changed attitude towards the sustainable mobility. Target groups are more aware of the sustainable planning, they increase the knowledge capacities. The benefits for territories are possibilities for CO2 reduction, the improved quality of living and decrease spending for sickness leave. The target groups gained the benefits too which are new knowledge, skills and competences.

**Sustainability of the training(s) and developed training material(s) and their transferability to other territories and stakeholders**

The training consisted from two parts, theoretical and practical. The theoretical part is set as a general information provision, practical part provided the best practices and examples of the sustainable mobility. Therefore, the training material and training concept are transferable to all territories and to target groups like mobility manager at the municipalities, mobility experts from other institutions, researchers, practitioners. The training concept and the methodology of Workplace mobility plan is general and uniform and can be still adjusted to local circumstances. The material is in English language and can be easily brought and used by another environment. The training material will be also used for the training for additional municipalities within MOVECIT project.

**Lessons learned from the development and implementation of training measures and added value of transnational cooperation**

- Having project partners at one place and discuss possible specification and local specialties is effective since the partners learning by asking;
- The training material has to be prepared in useful shape (PPT presentation is adequate), in English language if possible and equipped with the photos and examples;
- The practical exercises within training course are convenient since partners are more activated and motivated to participate, on the other hand can learn how to teach other.
The deliverables which are relevant to the toolkit are:

D.T2.1.1. Handbook on developing, monitoring and evaluation of the mobility plan

D.T3.2.2. - D.T3.2.14: Guidelines for developing a workplace mobility plan + Template for Workplace Mobility plan

The training material can be found [here](#) and it is uploaded on the project website as well.